

The Navigator

Winter 2024 January-March



Call: (315) 446-1220
Toll Free: (888) 729-7290

E-mail: ccs@childcaresolutionscny.org
Visit: www.childcaresolutionscny.org

Hours of Operation:
Syracuse: Mon-Fri 8:30am - 4:30pm
Auburn: Tues-Fri 8:30am-4:00pm

Follow Us On:



Infant Toddler Mental Health

Our ITMHC team is available and eager to work with you in person, online using Zoom, over the phone or through email!



Please contact Nicole Cole at nicolec@childcaresolutions.org or call (315) 446-1220 ext 313 for more information.

Scan this QR code with your phone to follow the link for our self-referral & one of our consultants will contact you.



We Are Hiring! Join Our Team

Professional Development Director

The Director of Professional Development oversees the development, planning and implementation of Child Care Solutions' educational programs for child care providers and other early childhood professionals and provides direct consulting and training services as a member of the Professional Development Team.

Provider Services Specialist: Provider Services

Provider Services Specialists are responsible for the implementation of the Child & Adult Care Food Program (CACFP) and other programs designed to recruit, establish and support family child care providers with the goal of enhancing the quantity, quality and stability of home-based child care while taking into account the cultural and linguistic needs of the community.

Professional Development Specialist: Infant Toddler

The Professional Development Specialist – (Infant Toddler) implements educational and consulting programs for child care providers and other early childhood professionals and parents with the goal of enhancing the quantity and quality of infant/toddler early care and education available throughout Central New York.

Professional Development Specialist

The Professional Development Specialist provides culturally and linguistically appropriate educational and consulting opportunities for child care providers and other early childhood professionals and parents with the goal of enhancing the quality of early care and education available in the communities we serve.

Child Care Quality Improvement Specialist

The Child Care Quality Improvement Specialist implements the Child Care Solutions' Quality Improvement Initiative educational programs for child care providers by providing direct consulting and training services as a member of the Child Care Quality Improvement Team.

Registration Specialist

Registrars are responsible for implementing the registration process for school-age and family child care programs in Onondaga County. Level II Registrars have the added responsibility of leading complaint investigations, and conducting Safety Assessments. Registrars incorporate the perspectives of multiple communities, including communities of color, in consideration of the impacts and outcomes of their work.



CAREER BENEFITS

- **Earned Time Off**
- **Paid Sick Time**
- **10 Paid Holidays**
- **2 Floating Holidays**
- **Health Insurance**
- **Health Savings Account**
- **Dental Insurance**
- **Vision Insurance**
- **Additional Insurances**
- **401K Retirement Plan**
- **Retirement Benefits**

APPLY NOW: childcaresolutionscny.org/career-opportunities



Instructors Contact Information:

Kristi Cusa

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Liza Hernandez

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Kris Kline

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A New Adventure

Hi Everyone!

It's with mixed emotions that I'm writing to announce that I'm retiring as the Director of Professional Development effective February 2, 2024.

To call this job my "dream job" would be an understatement. Over the past nine and a half years I have been blessed to work with colleagues and providers who all share a similar goal with me...to offer children opportunities to learn and grow in quality early childhood programs. I don't think a more rewarding job exists.

I will remain on the Professional Development team in a part-time status as a trainer, so I'm happy to say I'll still see many of you in my trainings!

So, while I make plans to do more painting and gardening, I'm also very excited to see what new opportunities this change will bring for Child Care Solutions.

Thank you to all of you for being part of this wonderful journey!

Kristi Cusa

OCFS Requirements

All child care staff, employees, caregivers and volunteers with regular and substantial contact with children are required to complete a total of 30 hours of training every two years covering the 10 categories below.

Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome
- 10 Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency (For SACC programs this is category 9)

IMPORTANT:

- All trainings are 2 hours (unless otherwise noted)
- All trainings are \$30 for non-members and \$20 for members (unless otherwise noted)
- In-Person trainings are held at 6724 Thompson Rd, Syracuse, NY 13211 (unless otherwise noted)
- Auburn In-Person trainings are held at 100 North St, Auburn NY 13021
- Visit <https://childcaresolutionscny.org/professional-development> for information on policies pertaining to our training program

January Workshops

Ten Books that Support Diversity, Gender, and Self-Esteem

Tuesday, January 9, 2024

6:30 PM - 8:30PM

Ten children's books focusing on diversity, gender, and self-esteem will be reviewed with discussion around how to incorporate these books into everyday learning across various learning domains.

Instructor: Liza Hernandez

1 3

Outdoor Winter Activities

Wednesday, January 10, 2024

6:30 PM - 8:30PM

Do you find outdoor play challenging in the winter? In this training, participants will be able to identify a variety of strategies to engage children's attention while playing outside in the winter. Participants will also examine safety procedures for outdoor winter play.

Instructor: Kris Kline

1 2 3 4

Supervision focusing on Infants and Toddlers in Family and Group Family Daycare Settings

Thursday, January 11, 2024

6:30 PM - 8:30PM

This training will look at the importance of competent supervision for infants and toddlers, specific to Family and Group Family Daycare programs. We will discuss the NYS OCFS Regulations in regards to supervision and strategies for supervision to implement into programs.

Instructor: Kristi Cusa

1 3 4 5 7

Big Body Play

Wednesday, January 17, 2024

6:30 PM - 8:30PM

This workshop explores the positive effects for physical development when children participate in big body play.

Instructor: Kris Kline

1 2 3 4

Child Abuse & Maltreatment/ Neglect Including Shaken Baby Syndrome

Wednesday, January 17, 2024

6:30 PM - 8:30PM

Childcare providers play a special role in the lives of children. A major part of a provider's role is to keep children safe. One way providers can keep children safe is by recognizing the signs of abuse. In this training, we will discuss the role of the mandated reporter. We will also review the summary guide for mandated reporters. Participants will identify indicators of child abuse and maltreatment/neglect and learn the procedure for making reports of suspected child abuse and maltreatment/neglect.

Instructor: Kristi Cusa

6 8 9

The Basics of Behavior

Tuesday, January 23, 2024

6:30 PM - 8:30PM

Review the Behavior Management Regulations and what we can do to help reduce the likelihood of challenging behaviors.

Instructor: Kris Kline

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Food and Other Allergies: Reactions, Preventions, Policies

Thursday, January 25, 2024

6:30 PM - 8:30PM

This training offers an in-depth look at the pathophysiology of an allergic reaction, and discusses symptoms associated with an allergic reaction and anaphylaxis as well as preventive measures that should be taken in the education setting, including program policy considerations.

Instructor: Liza Hernandez

2 4



February Workshops

The Art of Storytelling

Wednesday, February 07, 2024

6:30 PM - 8:30PM

This interactive training will focus on how to make a story come alive to engage and inspire children to develop their own stories.

Instructor: Kris Kline

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Building Resiliency in Infants & Toddlers

Thursday, February 08, 2024

6:30 PM - 8:30PM

Promoting resilience in infants and toddlers that will impact children now and throughout their life. This training covers social emotional health, attachment and relationships, self-regulation, and initiative.

Instructor: Liza Hernandez

1 3

Creating Calm

Tuesday, February 13, 2024

6:30 PM - 8:30PM

Would you like to create calm in your child care environment? Working with children on self-regulation is an important skill that will help to reduce behavior management concerns. Come explore methods of mindfulness and relaxation that you can bring into your classroom the very next day. Activities for children from birth to school age will be included. Everyone can benefit from creating a calm environment and practicing mindfulness techniques.

Instructor: Kris Kline

1 3 10

Scribbles to Sentences

Tuesday, February 20, 2024

6:30 PM - 8:30PM

This training will offer insight into the various stages of development that children experience as they prepare to begin to write. Participants will relate the importance of early marking and scribbling as preparation for later letter and word writing. We will discuss and choose materials that will support the various stages of the writing process and design writing center plans based on ideas shared and information learned during the training.

Instructor: Liza Hernandez

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Making Families Feel Welcome

Thursday, February 22, 2024

6:30 PM - 8:30PM

During this two-hour evening session, participants will assess and discuss their practices for making families feel welcome in their setting. This training will cover topics such as ensuring the physical environment reflects the children and families you work with, strategies to build relationships with children and families right from the beginning and communication techniques you can use with families.

Instructor: Kris Kline

1 3

Exploring Feelings with Young Children

Tuesday, February 27, 2024

6:30 PM - 8:30PM

Let's explore three important feelings for young children - happy, sad, and mad, and look at strategies and materials that can be used to help children understand and regulate emotions and give them skills they can use for a lifetime. Make materials to use in the classroom to help teach about emotions.

Instructor: Kristi Cusa

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Directors Health and Safety Training:

Competencies in Child Care for Day Care Center, School-Age Child Care and Enrolled Legally Exempt Group Directors. Directors are responsible for hiring, training and maintaining staff who provide a healthy and safe environment for children. This course will help Directors look at policies and procedures that reinforce high-quality health and safety practices.

You must attend all sessions to earn your certificate.

To sign up for this course you must register with PDP first.

Saturday,
February 10, 2024
8:00am-4:00pm

Wednesday,
February 14, 2024
5:30pm-9:00pm

Saturday,
February 17, 2024
8:00am-4:00pm

Instructor: Liza Hernandez • Fee: \$250 Member/ Non-Member • 15 Credit Hours

Certification courses are held at our Syracuse Office located at 6724 Thompson Road.

March Workshops

STEM Ed Starts Early

Wednesday, March 06, 2024

6:30 PM - 8:30PM

Learn about Science, Technology, Engineering, & Math in the classroom.

Instructor: Kris Kline

1 3 4 5

CORE Business Series - Facilities and Liabilities

Tuesday, March 12, 2024

6:30 PM - 8:30PM

This training is designed to help providers understand the liabilities involved in child care businesses, including the three risks of operating a child care business, identify strategies for minimizing risks and staying in compliance with regulations, and creating a Risk Management plan.

Instructor: Kristi Cusa

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The Role of the Mandated Reporter and the Story Behind It

Wednesday, March 13, 2024

6:30 PM - 8:30PM

This training will take a closer look of the story behind mandated reporter, where it all comes from. The importance of your role as a Mandated Reporter, the importance of identifying indicators and how to offer resources to families.

Instructor: Liza Hernandez

1 3 6 8

Taking Action: Protocol for Protecting Against and Documenting and Reporting Incidents That Occur in Childcare

Thursday, March 14, 2024

6:30 PM - 8:30PM

Focus on the documentation using the OCFS Incident Report form. Discuss the role supervision plays in reducing injuries.

Instructor: Kris Kline

4 5 7

What Does Engaged Teaching Look Like?

Tuesday, March 26, 2024

6:30 PM - 8:30PM

This training will explore how to interact with children to support curiosity, scaffold learning, and deepen children's knowledge and awareness. We will look at how using the Core Body of Knowledge (CBK) can assist educators with creating environments and curriculum that engage and sustain learning and reflect the importance of child/educator interactions and relationships.

Instructor: Kris Kline

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Certification Courses

How to Register with PDP

1. Go to <https://www.ecetp.pdp.albany.edu> and create an account. You'll need an email address, your Facility ID # to create a username and password.
2. Once your account is created, go to <https://www.ecetp.pdp.albany.edu/findtraining.aspx> and search for either MAT or Health & Safety. Then choose your preferred date and click "Apply for this Training."
3. After signing up on PDP, you will be emailed a payment link.

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